



## STANDARD INTAKE QUESTIONNAIRE

This questionnaire requests information about you and your treatment needs. Please take a few moments to complete the form. If the person seeking care is a minor, the parent or guardian should complete this form. If you have any questions, I will be happy to answer them during our session. Thank you for choosing Core Counseling Services and I look forward to working with you to help you achieve your treatment goals.

Client Name: \_\_\_\_\_

Preferred pronouns: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip Code: \_\_\_\_\_

Best Contact Phone #: \_\_\_\_\_ Alternate #: \_\_\_\_\_

Preferred Method of Contact:  Phone  Text  E-Mail

How would you describe yourself:  American Indian or Alaskan Native  Asian

Black or African American  Hispanic or Latino  Middle Eastern or North African

Native Hawaiian or Other Pacific Islander  White  Biracial  Multiracial

Rather not say

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Who referred you to our practice (Name, Specialty, & Phone)?

\_\_\_\_\_

**Insurance Information:**

Policy Holder: \_\_\_\_\_ Relationship: \_\_\_\_\_

Policy Holder's Social Security #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Member ID: \_\_\_\_\_ Group #: \_\_\_\_\_

Relationship Status:  Single  Married  Re-Married  Separated  Divorced

Widowed  Domestic Partner

Job Status:  Full-Time  Part-Time  Unemployed  Student  Other: \_\_\_\_\_

Name of Employer and/or School: \_\_\_\_\_

Occupation: \_\_\_\_\_

Education (last year completed):  No Formal Schooling  Middle School (Grade: \_\_\_\_\_)  
 High School/GED (Grade: \_\_\_\_\_)  College (Years: \_\_\_\_\_)  Graduate School (Years: \_\_\_\_\_)

Do you have any children?  Yes  No

If yes, please list birthdates and gender: \_\_\_\_\_

\_\_\_\_\_

Please list the people living in your household and their relationship to you: \_\_\_\_\_

\_\_\_\_\_

Date of last physical examination: \_\_\_\_\_

Please list any medications and/or supplements you are currently taking:

Medication	Condition	Dosage (mg)	Frequency	Approximate Start Date

Prescriber's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Primary Care Physician's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

May we contact your doctors?  Yes  No

Previous Mental Health Treatment (within past 2-years):  Yes  No

If yes, please provide the following:

Check all that apply:  Psychiatrist  Psychologist  LCPC/LCSW-C  School Counselor

Other: \_\_\_\_\_

Mental Health Provider's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Do you drink alcohol?  Yes  No

Do you use recreational drugs?  Yes  No

Do you have suicidal thoughts?  Yes  No

Have you ever attempted suicide?  Yes  No

Do you have thoughts or urges to harm others?  Yes  No

Have you ever been hospitalized for a psychiatric issue?  Yes  No

Is there a history of mental illness in your family?  Yes  No

Please check any of the following you have experienced in the past six months:

- Increased appetite  Decreased appetite  Trouble concentrating  Difficulty sleeping
- Excessive sleep  Low motivation  Isolation from others  Fatigue/Low energy
- Low self-esteem  Depressed mood  Tearful or crying spells  Anxiety  Fear
- Hopelessness  Panic  Other: \_\_\_\_\_

What brings you to counseling at this time? Is there something specific, such as a particular event?: \_\_\_\_\_

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What results do you hope to obtain from counseling? What are your goals? \_\_\_\_\_

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Please list any current medical problems: \_\_\_\_\_

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Is there anything else that might be important for me to know? \_\_\_\_\_

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### **Credit Card Easy-Pay Consent & Payment Policy**

We require that you provide us with a valid credit card number to keep on file. Please provide the following information to be kept in your confidential and secure file:

Credit Card Holder's Name (as it appears on the card): \_\_\_\_\_

Card Holder's Social Security # \_\_\_\_\_

I authorize Core Counseling Services to charge my credit card for balances due including copayments/deductible and missed appointment fees to be charged after each visit.

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Security Code on the back of the card: \_\_\_\_\_

Billing Zip Code: \_\_\_\_\_

Please check one:  Visa  Mastercard  Discover  American Express  HSA

Card Holder's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*Updated: 2024 by Core Counseling Services*