

Social Skills Group

For Teenage Girls: rising 6, 7, and 8th graders



This 7 week group will help teen girls develop and practice social skills needed during middle school.

Topics will include: friendships, communication, conflict resolution, recognizing and expressing feelings, self-esteem, smart social media use, and decision-making.

Teens in this group will master these topics while interacting with their peers.

July 9th – August 20th

7 weekly sessions

Mondays at 12pm

\$30 per session

Limited Spots Available –

Contact Ashley Ann to sign up

Ashley Ann Esser, LCPC

Group led by licensed therapist

Contact Email:

aesser@corecounselingservices.net

Contact Phone:

443-799-2749

Group Meetings to be held at:

Core Counseling Services

9475 Deereco Rd, Suite 410

